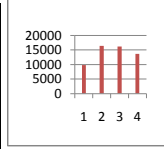


NATACION INF B ETAPA COMP 1

U/M	Acumulación	OCT				Min	Max	Prom	UE	KM	C. K	LPM	PAUSA
		8 al 13	15 al 20	22 al 27	29 al 3								
		11	12	13	14								
RI	40%	90%	80%	60%						270%	150	20"	
Acentuación	5	5	5	5									
KM	4444	10000	8889	6667	1000	2000	1500	20	30000	11111			
VELOCIDAD	50%	80%	100%	90%						320%	200	60"	
Acentuación	3	3	3	3									
KM	844	1350	1688	1519	400	500	450	12	5400	1688			
R. LACTACIDA	65%	70%	80%	70%						285%	160	40"	
Acentuación	2	2	2	2									
KM	1004	1081	1235	1081	500	600	550	8	4400	1544			
RII	80%	90%	100%	100%						370%	180	120"	
Acentuación	2	2	2	2									
KM	3459	3892	4324	4324	1500	2500	2000	8	16000	4324			



MICRO	Value
11	9751
12	16323
13	16136
14	13590
KM	55800

M11	Km	L	M	M	J	V
RI	4444	40%	60%	40%	60%	40%
	1852	741	1111	741	1111	741
SET	3	4	3	4	3	4
DIST	250	250	250	250	250	250
VELOCIDAD	844	80%	0%	80%	0%	100%
	325	260	0	260	0	324.5
SET	26	0	17	0	13	
DIST	10	1	15	1	25	
R. LACTACIDA	1004	0%	100%	0%	100%	0%
	501.8	0	502	0	502	0
SET	0	10	0	10	0	
DIST	1	50	1	50	1	
RII	3459	0%	100%	0%	100%	0%
	1730	0	1730	0	1730	0
SET	0	9	0	9	0	
DIST	1	200	1	200	1	
Total		1000	3343	1000	3343	1065

M13	Km	L	M	M	J	V
RI	8889	40%	60%	40%	60%	40%
	3704	1481	2222	1481	2222	1481
SET	6	9	6	9	6	
DIST	250	250	250	250	250	
VELOCIDAD	1688	80%	0%	80%	0%	100%
	649	519	0	519	0	649
SET	52	0	35	0	26	
DIST	10	1	15	1	25	
R. LACTACIDA	1235	0%	100%	0%	100%	0%
	617.5	0	618	0	618	0
SET	0	12	0	12	0	
DIST	1	50	1	50	1	
RII	4324	0%	100%	0%	100%	0%
	2162	0	2162	0	2162	0
SET	0	11	0	11	0	
DIST	1	200	1	200	1	
Total		2001	5002	2001	5002	2131

M12	Km	L	M	M	J	V
RI	10000	40%	60%	40%	60%	40%
	4167	1667	2500	1667	2500	1667
SET	7	10	7	10	7	
DIST	250	250	250	250	250	
VELOCIDAD	1350	80%	0%	80%	0%	100%
	519	415	0	415	0	519
SET	42	0	28	0	21	
DIST	10	1	15	1	25	
R. LACTACIDA	1081	0%	100%	0%	100%	0%
	540.4	0	540	0	540	0
SET	0	11	0	11	0	
DIST	1	50	1	50	1	
RII	3892	0%	100%	0%	100%	0%
	1946	0	1946	0	1946	0
SET	0	10	0	10	0	
DIST	1	200	1	200	1	
Total		2082	4986	2082	4986	2186

M14	Km	L	M	M	J	V
RI	6667	50%	60%	50%	60%	50%
	2469	1235	1481	1235	1481	1235
SET	5	6	5	6	5	
DIST	250	250	250	250	250	
VELOCIDAD	1519	80%	0%	80%	0%	100%
	584	467	0	467	0	584
SET	47	0	31	0	23	
DIST	10	1	15	1	25	
R. LACTACIDA	1081	0%	100%	0%	100%	0%
	540.4	0	540	0	540	0
SET	0	11	0	11	0	
DIST	1	50	1	50	1	
RII	4324	0%	100%	0%	100%	0%
	2162	0	2162	0	2162	0
SET	0	11	0	11	0	
DIST	1	200	1	200	1	
Total		1702	4184	1702	4184	1819